

CORNWALL TOWN HALL NEWS



June 18, 2024

Dear Friends,

I hope you are all having a great summer. With very hot weather forecast for the coming week, residents are urged to take precautions by limiting outdoor exposure, keep hydrated, and staying cool. The Cornwall Library on Pine Street will be open as a cooling center during regular hours. The library is also having their major fundraiser this weekend. Please support [Books & Blooms](#).

The Cornwall Library's hours are as follows:

Monday	Closed
Tuesday	10am-5pm
Wednesday	12pm-7pm
Thursday	12pm-5pm
Friday	12pm-6pm
Saturday	10am-2pm
Sunday	12pm-3pm



Residents can also keep cool at Hammond Beach. Passes are available at Town Hall Monday-Thursday 9am-12pm & 1pm-4pm

The Community Picnic will be held at Hammond Beach, 37 Lake Road, on Saturday 6/22/2024 from 5pm-8pm with a rain date of Sunday 6/23/2024

[For more details click here](#)

For a list of upcoming events in Cornwall, [click here to visit the Town Calendar](#)



Dibble Hill Road will be closed for about 10 days starting this Thursday, June 20th for a large culvert replacement project.

Town Offices will be closed on June 19th for Juneteenth. See next page for press release from Governor Lamont on activating Extreme Hot Weather Protocol for this week.

Best wishes,

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STATE OF CONNECTICUT

GOVERNOR NED LAMONT

Governor Lamont Activates Connecticut's Extreme Hot Weather Protocol for the Coming Week

Posted on June 14, 2024

(HARTFORD, CT) – Governor Ned Lamont today announced that due to a weather forecast indicating that Connecticut is about to experience very hot and humid temperatures over the coming days, he is directing Connecticut's Extreme Hot Weather Protocol to be activated effective at 12:00 p.m. on Tuesday, June 18, 2024, and remaining in effect through 12:00 p.m. on Sunday, June 23, 2024.

The current forecast is indicating that temperatures over this period will rise into the 90s and higher. This is the first time this year that the protocol is being activated.

The purpose of this protocol is to ensure that the most vulnerable populations receive protection from the hot conditions. While enacted, a system is set up for state agencies, municipalities, and other partners to coordinate with United Way 2-1-1 to make sure that information regarding cooling centers is available statewide, providing a location to get some relief.

Governor Lamont is advising people in Connecticut, particularly those who are most vulnerable, to take precautions ahead of the high temperatures. Cooling centers are opening statewide. Anyone in need of a place to get out of the heat can locate their nearest cooling center by calling 2-1-1 or viewing the list that is being published online at [211ct.org](https://www.211ct.org).

"It's looking like we are about to experience our first stretch of very hot conditions so far this year, and it's going to last for nearly a week," **Governor Lamont said**. "Anyone who is vulnerable to heat and humidity is advised to take precautions. Cooling centers are open throughout Connecticut and can be located by calling 2-1-1 or visiting [211ct.org](https://www.211ct.org)."

The following actions are implemented while Connecticut's Extreme Hot Weather Protocol is enacted:

- The Connecticut Department of Emergency Services and Public Protection's Division of Emergency Management and Homeland Security uses its WebEOC communications network, which is an internet-based system that enables local, regional, and state emergency management officials and first responders to share up-to-date information about a variety of situations and conditions.
- Municipalities and other partners submit information on the opening of cooling centers into the WebEOC, providing a real-time database on the availability of these locations statewide. United

Way 2-1-1 uses the system to act as a clearinghouse to assist residents in locating a cooling center.

- Regional coordinators from the Division of Emergency Management and Homeland Security monitor WebEOC in order to respond to any requests from municipalities for state assistance.
- The energy utility companies provide the state with regular updates regarding the impact of the weather conditions on their respective utilities throughout the duration of the protocol.

Although anyone can suffer from heat-related illness, some people are at greater risk than others:

- Infants and young children are sensitive to the effects of high temperatures and rely on others to regulate their environments and provide adequate liquids.
- People 65 years of age or older may not compensate for heat stress efficiently and are less likely to sense and respond to change in temperature.
- People who are overweight may be prone to heat sickness because of their tendency to retain more body heat.
- People who overexert during work or exercise may become dehydrated and susceptible to heat sickness.
- People who are physically ill, especially those with heart disease or high blood pressure, or who take certain medications, such as for depression, insomnia, or poor circulation, may be affected by extreme heat.

Some prevention tips to stay safe in extreme heat include:

- Keep your body temperature cool to avoid heat-related illness.
- Stay in air-conditioned buildings as much as possible. If you must be outdoors, try to limit your outdoor activity to the morning and evening. Try to rest often in shady areas so that your body has a chance to cool off.
- Find an air-conditioned shelter. (Call 2-1-1 for a list of cooling centers.) Do not rely on a fan as your primary cooling device.
- Avoid direct sunlight.
- Wear lightweight, light-colored clothing.
- Take cool showers or baths.
- Check on those most at-risk several times a day.
- Pets that cannot be brought indoors should be provided ready access to water and shade to keep them cool.
- Never leave pets inside of parked vehicles because temperatures can soar to life-threatening levels within minutes.

Everyone is also reminded to stay hydrated during periods extreme heat. Because bodies lose fluid through sweat, dehydration is common while experiencing very high temperatures. It is strongly encouraged to:

- Drink more water than usual.
- Don't wait until you're thirsty to drink more fluids.
- Drink two to four cups of water every hour while working or exercising outside.
- Avoid alcohol or liquids containing high amounts of sugar.
- Remind others to drink enough water.

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