

**2023 Review of Park and Recreation's work towards goals in the Cornwall
Town Plan of Conservation and Development**

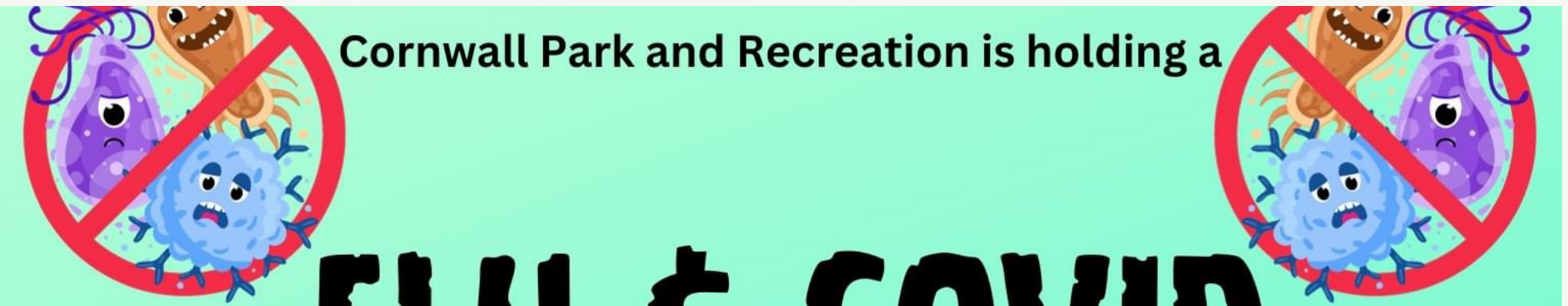
**Michelle Shipp
January 23, 2024**

Goal:

Meet the needs of Cornwall's older residents including transportation, healthcare, and social/ recreational opportunities.

Healthcare

In 2023, Park and Rec continued to host vaccination clinics for flu and covid. We hosted two clinics this fall and vaccinated over 250 people.



Cornwall Park and Recreation is holding a

FLU & COVID VACCINE CLINIC

**Thursday,
November 9th
12-5:00p.m.**



**Cornwall Town Hall
24 Pine Street,
Cornwall**



**All insurances accepted.
Please bring a copy of your insurance card.**

Available to anyone 18 & older.

Goal:
Enhance recreational and social opportunities

Activities for our older residents

2023 saw an increase in attendance at our monthly Community/Senior luncheons and breakfasts.

- Lunch is held on the second Tuesday of each month and we are now averaging nearly 40 people each month.
- Breakfast is on the fourth Tuesday of each month and we average about 20-25 people. (Clearly our seniors are not early risers.)
- We also added a third opportunity for people to gather with a social hour on the third Wednesday of each month. This is a casual opportunity for people to just drop by and chat with friends and neighbors.



Community Lunch: Top Feb 2023

Bottom Nov 2023



Activities for older residents continued:



Top: Cara Weigold greeting us at Northern Farm and Flowers

2023 also saw the return of the Senior Field Trip. We had hoped to have two, but a storm cancelled out Flower Show trip. However, in May we had 14 seniors spend the day touring around Cornwall, Litchfield, and Goshen. We visited local businesses, had lunch, and ended the day with a picture from the top of Mohawk. (Picture bottom left)



Goal:
**Enhance recreational
and social opportunities**

Transportation

Cornwall has the Cornwall/Goshen Senior bus.

- It does a good job and we appreciate having it!
- However, there are some gaps that need to be addressed.
 - It is not allowed to cross state lines. Therefore anyone with a doctor's appointment across a state line cannot use this bus.
 - Also it is limited to only senior aged people using it and we find that some younger Cornwallians are in need of transportation.
 - The hours of operation are only Monday through Friday and not at night or weekends. This means that many older residents cannot attend events that are held in town.

There is a need to create an additional transportation option in Cornwall, perhaps restarting the FISH driving segment.



Goal:
Enhance recreational and social opportunities

Sports

Sports are being held in collaboration with other Park and Rec departments within Region One.

- Our decline in population of kids along with a large age range made it difficult to field teams just within one town, so a regional approach has been in place since sports returned post covid. It has been very successful and is well liked by kids and parents!
- Foote Field had a Pickleball court installed and is open for play.
- Our own tennis program has produced some wonderful success stories.
 - Congratulations to the Jr. Tennis team and coach Todd Piker for winning the USTA Jr Tennis Championship!!! These youngsters have been working for several years to develop their skills and this year that hard work paid off!



The Pickleball and Basketball courts share a space. Our April fools Spring Event had a fun pick up game of basketball.