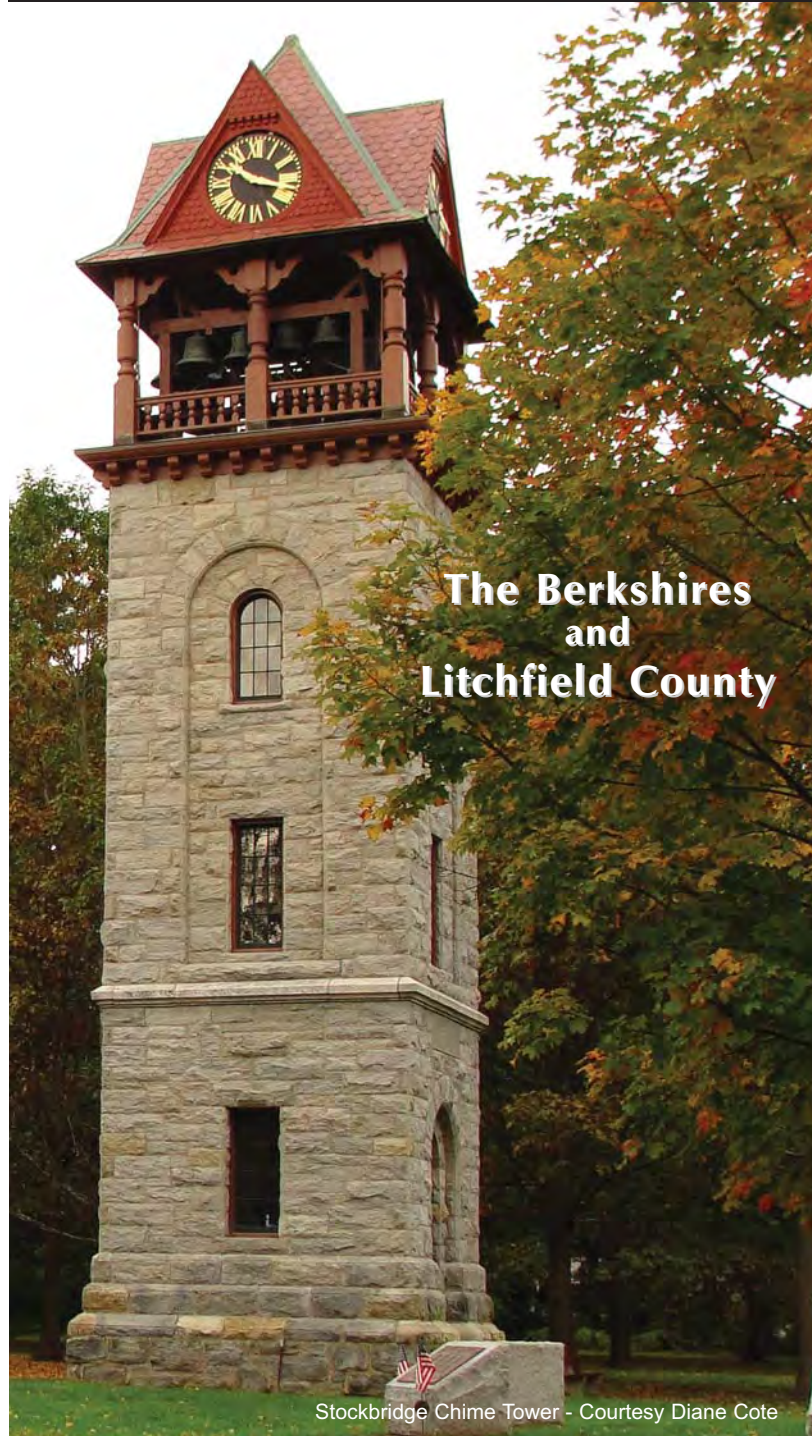


Heritage Walks 2021



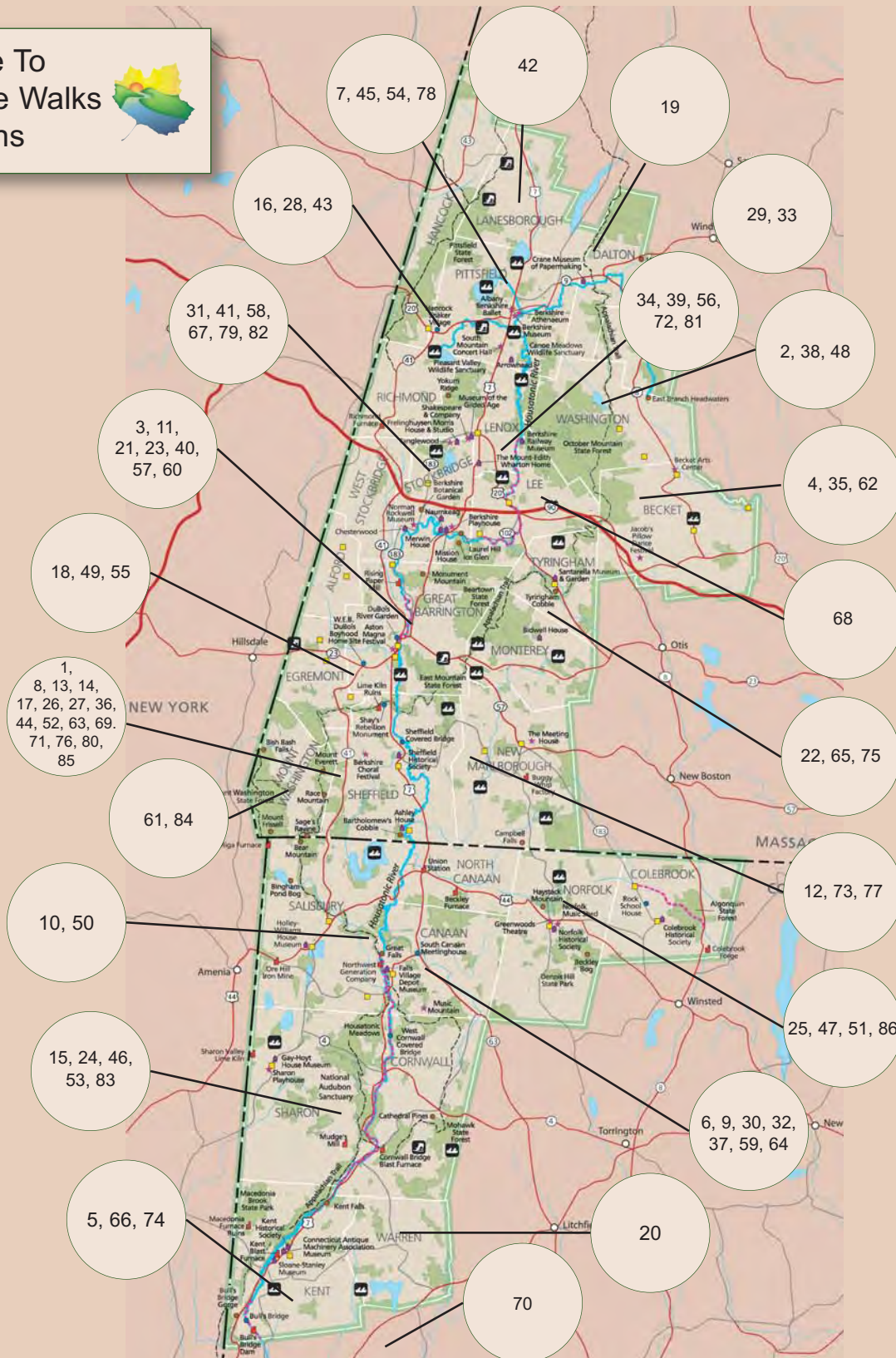
The Berkshires and Litchfield County

Stockbridge Chime Tower - Courtesy Diane Cote

In Partnership with
National Park Service



A Guide To Heritage Walks Locations





Dan Raymond House / Sheffield Historical Society - by Dan Bolognani

SATURDAY - SEPTEMBER 4, 2021 **Labor Day Weekend**

1 - Sheffield, MA 9 AM - 5 PM

SELF-GUIDED WALK: IF THIS HOUSE COULD TALK

This self-guided walking tour can be taken at your convenience. Pick up a tour booklet on the steps of the Old Stone Store or go to ifthishousecouldtalk.weebly.com for a virtual version. The tour tells the history of eleven buildings on the Sheffield Green, and the people who lived, worked & worshipped in them.



Old Stone Store - by Dan Bolognani

Many of the buildings date to the 18th & early 19th centuries. The tour takes around 40 minutes and is around one mile in distance, most of which is on sidewalks and flat terrain. Please view the buildings from the sidewalk and public areas of the Green. Scan the QR codes in the tour booklet or follow along with the virtual version on your phone for bonus content like historic photos.

Tour booklets can be picked up at Sheffield Historical Society Old Stone Store, 137 Main St./Rt.7, next to the Mobil Station. Park in the town parking lot behind the gas station. GPS 42.110729, -73.353073

2 - Hinsdale, MA 10 AM - 12 NOON

MIGRATING TO THE HOUSATONIC RIVER HEADWATERS: AN INDOOR SLIDE PRESENTATION

Enjoy an indoor powerpoint presentation by Peter White, as you will learn the history of Hinsdale's migrating town centers and the eventual use of the Housatonic River in Hinsdale. Hear about the large, successful Hinsdale Woolen Mill and other mills and the dams that powered the saw mill and grist mill on the river and the development of the town center after the railroad came through. 2 hours



Keystone Arches - by Diane Cote

To register - email: Pepawhite@aol.com or 413-822-6566

Driving south on Rte 8 through Hinsdale, drive thru the traffic light, to the Hinsdale Town Hall, 39 South St., Hinsdale. GPS 42.43767, -73.12283

3 - Gt. Barrington, MA 10 AM - 12 NOON

GREAT BARRINGTON'S ARCHITECTURE & HISTORY – THE STORY OF GREAT BUILDINGS IN A GREAT TOWN

This walking tour with Nicholas Greene, from Clark & Green Architecture & Design, will lead participants on a stroll through historic downtown Great Barrington as they discover the rich history of the town's former and current inhabitants, their lives and the beautiful architecture they called home. Limited to 10 participants. 2 hours - 2.5 miles

To register - email: greenen23@gmail.com

Meet at the small engraved stone monument at the corner of Main and Castle Streets. GPS 42.19378, -73.36382



Congregational Church

4 - Becket, MA 10:30 AM - 2 PM

HISTORY HIKE TO THE KEYSTONE ARCHES RAILROAD BRIDGES: A MOST MAGNIFICENT ENGINEERING FEAT BUILT IN THE 1840'S!

Join Dave Pierce, from the Friends of the Keystone Arches, for a hike to the first cluster of stone arch railway bridges, the first cluster ever built in America, in 1840, and recently designated as a National Historic Landmark. They are impressive, breath-taking stone structures, 70 feet high, brilliantly revealing their ancestry in the great cathedrals of ancient Rome! After the hike, you may tour the Chester RR Station Museum. Donations to the museum are accepted. 3.5 hours - 5 miles

To register - email: dpiercedlp@aol.com or 413-354-7752



From junction of Rts 20 & 102 in Lee, take Rt 20 east and drive 18 miles to Chester center. Meet at the Chester Railway Museum, 10 Prospect St. We will carpool 2 miles to the trailhead.
GPS 42.28054, -72.97860

5 - Kent, CT 12:30 PM - 2:30 PM INDUSTRIAL IRON HERITAGE HIKE

A special iron heritage hike in Macedonia Park, offered in memory of Ed Kirby and Ron Jones. Join Marge Smith, of the Kent Historical Society, on a hike to learn about Kent's iron industry and look for evidence of charcoal makers in the woods, including a rare mysterious structure. Moderate difficulty. Optional visit to the old iron furnace ruins at the end of hike.
2 hours - 2.5 miles



Registration is Required.
Limit is 10 people. Email:
curator@kenthistoricalsociety.org

From the center of Kent, drive west on Rte 341 for 1.7 miles, then turn right on Macedonia Brook Rd. Drive 1.6 mile into the Park, to the parking area just over a bridge. Some parking available on the left before the bridge. GPS 41.74272, -73.49939

6 - East Canaan, CT 10 AM - 2 PM TOUR THE BECKLEY BLAST FURNACE, CT'S DEDICATED IRON INDUSTRIAL MONUMENT

Learn about the historic iron industry of the Upper Housatonic Valley, by the Friends of Beckley Furnace. Built in 1847, the furnace produced high quality iron until 1918, and is one of the last surviving examples of the 19th and early 20th century blast furnaces that were once commonplace CT sights, and is listed on the National Register of Historic Places. There were 21 furnaces in northwestern CT, as rich veins of iron ore were discovered in the hills near the town of Salisbury.



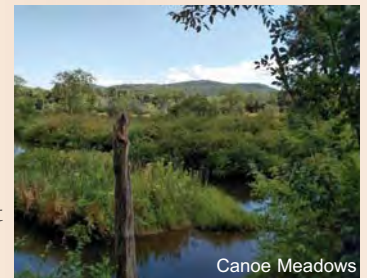
During the American Revolution, CT-forged iron helped fuel the manufacture of American weaponry, most notably the cannons used by the Continental Army, Union weapons for the Civil War, and railroad car wheels. Tour begins when you arrive.
1 hour - 0.4 mile

140 Lower Road, East Canaan, just off US Rtes 44 & 7. If coming from the East, North, or West, take Route 44 to East Canaan, CT. At the Congregational church, turn South onto Lower Road, passing alongside the Church building, and continue for 1/2 mile, turning to the right and down the hill.

The former furnace office and the furnace stack are visible on your left. If coming from the South, take Rte 7 to Canaan, CT. Pass a railroad yard on your left, and just before you cross a bridge across the Blackberry River, turn right into Lower Road, heading East. The Furnace is about 3 miles east of the intersection of Lower Road and East Canaan. GPS 42.01274, -73.29074

7 - Pittsfield, MA 1 PM - 3 PM A WALK IN THE WOODS AT CANOE MEADOWS WILDLIFE PRESERVE

Join Deena Gilbert, from the Berkshire County Hiking Group, for a walk through this wildlife sanctuary, owned by Mass Audubon, which brings wilderness to Berkshire County's largest city. Flat trails wind through the sanctuary's scenic woods, fields, and wetlands, and along the edge of the Housatonic River. Sixty acres of open fields provides critical breeding habitat for grassland birds. No dogs, please. 2 hours - 3 miles



From Rte 7/20 in Lenox, 0.5 mile south of Guidos Market, take Holmes Road at traffic light (by Family Footwear), and proceed 2.7 miles to sanctuary entrance on the right.
GPS 42.445030, -73.252800



Photo courtesy of Adamah Farm

SUNDAY - SEPTEMBER 5, 2021 Labor Day Weekend

8 - Sheffield, MA 9 AM - 5 PM

SELF-GUIDED WALK: IF THIS HOUSE COULD TALK

REFER TO WALK # 1 FOR FULL DETAILS

9 - Falls Village, CT 10 AM - 11 AM

ANCESTORS TO DESCENDANTS: AN ADAMAH FARM WALK

Join Janna Siller for this walking tour of Adamah Farm, a certified organic farm located at the Isabella Freedman Jewish Retreat Center, where we grow produce using regenerative practices. As we wander through the perennial food forest, no-till fields, and compost and chicken yard, we'll explore how Adamah Farm honors our ancestors with our descendants in mind. 1 hour, < 0.5 mile
To register, email: carly.sugar@hazon.org

On Rt 7 or on Rt 126, about 2 miles south of the center of Falls Village, Adamah Farm is located on the corner of Beebe Hill and Johnson Rds. We will meet at the gate on that corner, with street parking on Beebe Hill Rd. GPS 41.940141, -73.347176

10 - Salisbury, CT 11 AM - 12 NOON

CANNON AT 20 PACES! THE RISE AND FALL OF THE AMES IRON WORKS

Contrast a shaded walk along a flat trail beside the Housatonic River with the smoky history of the same land. Lou Bucceri, from the Salisbury Association Historical Society, will share the history about the factory and the people that produced the most powerful cannon of the Civil War. Learn how the cannon destroyed no Confederate targets, but only the man and company who created it.
1 hour - 1/2 mile



Ames Iron Works - Falls Village



Pfeiffer Arboretum by Great Barrington Land Trust

From the Rt 7 & Rt 112 junction in Falls Village - Drive west on Rt 112 to Dugway Road (opposite the Outfield Entrance to Lime Rock Park), turn right and follow Dugway Rd. for 2 miles. At iron bridge, turn left, then immediately turn right onto Housatonic River Rd. Drive 0.5 mile to parking lot for Falls Village dam boat launch. OR from Rt 44 or Rt 41 - Drive east on Rt 112 until you reach the outfield entrance to Lime Rock Park, then turn left onto Dugway Road and follow the above highlighted directions.
GPS 41.96389, -73.37200

11 - Gt. Barrington, MA 1 PM - 2:30 PM

EXPLORE THE PERENNIAL PLANTS OF THE PFEIFFER ARBORETUM

Join Devan Arnold, from the Gt. Barrington Agricultural Commission, for a guided exploration of the many fascinating and charming perennial plants that make their home within the Pfeiffer Arboretum. Participants will be introduced to a diversity of local plant species, from tall and mighty canopy trees, to low, creeping ground-covers, and all manner of floral friends in between.
1.5 hours - 0.7 mile

Meet at 249 Long Pond Road. From the center of Gt. Barrington, head north and follow signs to RT 41. Proceed onto RT 41 and make a left turn onto Christian Hill Road. Follow Christian Hill Rd. until Division St. (to where Christian Hill Rd, at the blinking red light at Division St, becomes Long Pond Road). Continue 0.6 mile from the blinking light. Look for the Pfeiffer Arboretum sign and trailhead on the left. GPS 42.235153, -73.386493

12 - New Marlborough/Monterey, MA 1 PM - 3:30 PM

A WOODLAND HIKE FROM GOULD FARM TO THE BERKSHIRE NATIONAL FISH HATCHERY

Learn about Gould Farm's history, mission, and connection to the land as you begin your walk along the forested trails with Liz Halla-Mattingly and Bob Rausch. The second half of the walk will be led by Joseph Xamountry from the Berkshire National Fish Hatchery, who will take you on a tour of the historic property, where, for over a century, hundreds of thousands of fish have been cultured in a pristine aquifer that supplies a system of beautiful,



Berkshire Fish Hatchery - by Diane Cote

natural pools with 200 gallons of water per minute. Van service back to Gould Farm will be provided. Rain or shine.
2.5 hours - 3 miles

From Rt 102 in Lee, at the traffic light at Big Y - take Tyringham Rd and drive 5.5 miles south, then turn right on to Monterey Rd and drive 4 miles to Rt 23 in Monterey center. At Rt 23, turn right, and drive 2 miles, then turn left onto Curtis Rd and drive 0.5 mile to Gould Rd. Turn left and continue to the 2nd driveway, to the Harvest Barn OR From the traffic light junction of Rts 7 & 23 in Gt. Barrington - Take Rt 23 east and drive 6.2 miles and turn right onto Curtis Rd and drive 0.5 mile to Gould Rd, then turn left and continue to the 2nd driveway, to the Harvest Barn.
GPS 42.17477, -73.24111

13 - Sheffield, MA 1:30 PM - 4 PM

WALK THE SHAYS REBELLION SECTION OF THE APPALACHIAN TRAIL

Learn about the Appalachian Trail, the most famous hiking trail in the US, and Shays' Rebellion in 1787 that may have had some influence on the US Constitution. Bess Dillman, from the Appalachian Mt. Club, will lead us through fields, hardwood forests and across a boardwalk in a wetland.

The trail is uneven with roots and rocks, but a lovely walk through a variety of habitats. 2.5 hours - 4 miles

To register - email: elizabeth.dillman@gmail.com

Appalachian Trail parking area is across the road from 1024 Sheffield/Egremont Rd., Sheffield. From Big Y in Great Barrington, drive 2.2 miles south on Rte 7 to a right on Lime Kiln Road. Drive one mile and turn right on Sheffield/Egremont Road. The monument is immediately on the right and parking area is on the left. GPS 42.1468, -73.3859



Photo courtesy of Diane Cote



Hancock Shaker Village

MONDAY - SEPTEMBER 6, 2021 Labor Day Weekend

14 - Sheffield, MA 9 AM - 5 PM

SELF-GUIDED WALK: IF THIS HOUSE COULD TALK

REFER TO WALK # 1 FOR FULL DETAILS

15 - Sharon, CT 10 AM - 12 NOON

HIKE AT THE GARRETT GOODBODY PRESERVE

Join the Sharon Land Trust for this hike, situated on the southern end of Indian Mountain, offering spectacular views of the Sharon Valley and Indian Lake. The trail gains elevation to 1,065 feet. Take a deep breath and enjoy the view - the lands that are seen here are almost all preserved, by the Sharon Land Trust or other conservation organizations. The walk is very steep in spots, for intermediate / advanced walkers. 2 hours - 2.5 miles

Meet at the parking area located on Millerton Road (Rt 361), 0.6 mile south of Dakin Road. It is a short but steep driveway to a small parking area in the field. GPS 41.904849, -73.491425



Goodbody Preserve

16 - Pittsfield, MA 10 AM - 11:30 AM

GEOLOGY WALK AT HANCOCK SHAKER VILLAGE

Spend an afternoon with staff exploring the rocks and landforms around historic Hancock Shaker Village and its Farm & Forest Trail, looking for evidence of glaciation, quarries, fossils, and other secrets of the earth. NOTE: This walk doesn't include general admission to the Village, which can be purchased after the free Heritage Walk. 1.5 hours - approx. 2 miles.

To register - 413-443-0188 x-0 or info@hancockshakervillage.org

Meet at the HSV Visitor Center/ticket desk, main entrance, on Rt 20 (34 Lebanon Mt. Road), Pittsfield/Hancock. From the junction of Rt 41 & Rt 20 junction- drive west on Rt 20 for 1/2 mile to the HSV entrance. GPS 42.43091, -73.34049



April Hill Conservation and Education Center - by Diane Cote

SATURDAY - SEPTEMBER 11, 2021

17 - Sheffield, MA 9 AM - 5 PM

SELF-GUIDED WALK: IF THIS HOUSE COULD TALK

REFER TO WALK # 1 FOR FULL DETAILS

18 - So. Egremont, MA 10 AM - 11:30 AM

EXPLORE THE 1744 HISTORIC GROUNDS AND FARM OF APRIL HILL

Join Will Conklin, from the Greenagers, for an easy walking tour of the 1744 historic house and the 100-acre property of April Hill Conservation and Education Center (the former Kellogg Conservation Center). 1.5 hours - < 1 mile

To register - email: director@greenagers.org or 413-644-9090

Meet at 62 Undermountain Rd., (Rt 41) So. Egremont, MA. From the north: while driving on Rt 23 through the center of So. Egremont, MA, at the junction of Rt 23 & 41, turn onto Rt 41 and drive 1 mile. From the south: from Salisbury, CT, drive 12 miles on Rt 41. GPS 42.15456, -73.42070

19 - Pittsfield/Dalton, MA 10 AM - 12 NOON

EXPLORE THE FAUNA AND FLORA OF "THE BOULDERS" PRESERVE

Learn about the plants, trees, wild edibles, tracks and signs of wildlife on this hike at the Boulders, a Berkshire Natural Resources Council preserve, led by naturalist Aimee Gelinas, from Tamarack Hollow Nature and Cultural Center. Hike is free (donations accepted for the center). Program is co-sponsored by the Berkshire Natural Resources Council, the Dalton Cultural Council and the Berkshire Environmental Endowment Fund (Berkshire Taconic Community



The Boulders Preserve



Colonial Warren - by Warren Historical Society

Foundation). 2 hours - 1.5 miles

Registration is Required, email: aimee@gaiaroots.com.

Visit: <http://www.tamarackhollownatureandculturalcenter.org>

The hike will begin at the Boulders southern trailhead starting in Pittsfield. The parking area is at the intersection of Hubbard Avenue and Dalton Avenue (Rt 8/9) at the traffic lights. This is a busy intersection, so please take caution when entering the parking area. GPS 42.470035, -73.1950714

20 - Warren, CT 10 AM - 12 NOON

HISTORY MYSTERY: A HOMESTEAD IN WARREN

Historians are like detectives, uncovering clues and putting puzzle pieces together to reconstruct life in the past; but sometimes they encounter a "cold case." Visit a secluded private property with fascinating historic and natural features, and follow a discontinued roadbed to explore a pristine Early American homestead. We'll share what years of research has revealed about the original homesteader and what this little piece of Warren tells us about the changing face of this area. The walk is offered by the Warren Historical Society and the Warren Land Trust, along with CT State Archaeologist Susan Sportman. 2 hours - 3 miles

To register - warrenhistorian@outlook.com or 860-503-8545

From the center of Warren (stoplight at the intersection of Rts. 45 and 341 and Sackett Hill Road, continue on Rt. 45 toward Cornwall. Right turn onto Melius Road. Left at the "T" to continue on Melius Road. Signs will direct you further from 164 Melius Road. GPS 41.73115, -73.38395

21 - Gt. Barrington, MA 10 AM - 12 NOON

GREAT BARRINGTON'S ARCHITECTURE & HISTORY – THE STORY OF GREAT BUILDINGS IN A GREAT TOWN

REFER TO WALK # 3 FOR FULL DETAILS



Royal Hemlock Trail - by Lauren Stevens

22 - Monterey, MA 10 AM - 1 PM
ROYAL HEMLOCK TRAIL
HIKE IN THE STEPS OF THE EARLY SETTLERS

A walk on the Bidwell House Museum grounds as well as the BNRC's Hudson-Howard property, this hike traces the route of the early settlers of Township No. 1 from their homes to the 1st meeting house on a hill near the Museum. Richard Greene will lead the group on the old roadways, past foundations and stone walls of long-ago homesteads, and explore flora and fauna along the way. Terrain is steep and rocky in a few places. NOTE- Does not include a tour of the museum interior. An inside tour can be arranged after the free Heritage Walk. 3 hours - 4 miles

To register via the website - www.bidwellhousemuseum.org

From Monterey center - take Tyringham Rd. for 1.5 miles, and take a left onto Art School Rd. and drive 1 mile to the end; OR From the traffic light at Big Y in Lee - take Tyringham Rd and drive 5.5 miles, take a right onto Monterey Rd and drive for 2.3 miles, then take a right on Art School Rd. and drive 1 mile to the end at the Bidwell House Museum. GPS 42.20888, -73.21830

23 - Gt. Barrington, MA 10 AM - 1 PM
GEOLOGY OF THE SOUTHERN BERKSHIRES: HIKE THROUGH A FOREST OF GIANT GLACIAL-BOULDERS TO PANORAMIC SUMMIT VISTA AT FLAG ROCK

Join Mike Bergman, professor of earth sciences at Bard College at Simon's Rock for a hike and Berkshires geology lesson through this forested tract of land on the western side of Monument Mountain, through a remarkable giant boulder field to an outstanding panoramic view. Rain cancel date on Sept 18.

3 hours - 3.5 miles

To register - email bergman@simons-rock.edu

Meet at side of road 0.2 mile north of Taft's Farm at Division



Flag Rock - by Christy Butler



Sharon Town Green - by Dan Bolognani

Road/Rt 183 junction. Driving on Rt 7, at the junction of Rts 7 & 183 at the north end of Gt. Barrington, drive north on Rt 183 for 0.8 mile.

24 - Sharon, CT 12 NOON - 1 PM
THE SHARON GREEN: LIVING MEMORIES

Join the Sharon Historical Society staff on a stroll around the Sharon Green, which is a public space surrounded by buildings which have served as meeting houses and churches, some of which date from the 18th century. 1 hour - 1.5 miles

To register - email: director@sharonhist.org OR 860-364-5688

The Sharon Historical Society & Museum is located at 18 Main St./Rt 41. Traveling from the south, either take Rt 22 in NY to Rt 343 in Connecticut or take Rt 7 to Rt 4 in Conn. From the northwest, take Rt 22, enter Millerton, NY and take a right at the second stoplight, to Rt 361/Sharon Road. Follow Rt 361 until you reach Rt 41. Coming from the north east & Massachusetts, take Rt 41. GPS 41.87976, -73.47678

25 - Norfolk, CT 1 PM - 2 PM
A WALKING TOUR OF BARBOUR WOODS

Join forrester, Star Childs, on a walk through the Norfolk Land Trust's Barbour Woods.

No ordinary walk in the woods, as he will talk about the natural surroundings and illuminate what sort of activities occurred to shape the forest. 1 hour - 1 mile



Barbour Woods Trail

From Rt 44 in Norfolk, turn onto Maple Ave. and continue straight until it turns into Lovers Lane and a dirt road. The trailhead is here. GPS 42.004724, -73.18853



Ashley Falls - by Fred Harwood

26 - Ashley Falls, MA 2 PM - 3 PM
A GUIDED WALK AROUND HISTORIC ASHLEY FALLS

Catherine Miller, from the Sheffield Historical Society, will lead this tour around the Ashley Falls Village Green. Named for the Ashley family who were one of its first settlers, the village has played an important role in the history of Sheffield from its founding. It is the location where the Sheffield Resolves, the precursor to the Declaration of Independence, was written and where Mum Bett lived as a slave. 1 hour - 1 mile Rain date on 9/12

To register - sheffieldhistoricalsociety@gmail.com or 413-229-2694

Meet in front of the Ashley Falls Post Office, at 1180 Ashley Falls Rd./Rt. 7A. From points north and south, take Rt. 7 until you reach Rt. 7A/Ashley Falls Rd. Follow 7A until you reach the Post Office, behind which is a lot where you can park.
GPS 42.0563, -73.33561

SUNDAY - SEPTEMBER 12, 2021

27 - Sheffield, MA 9 AM - 5 PM
SELF-GUIDED WALK: IF THIS HOUSE COULD TALK

REFER TO WALK # 1 FOR FULL DETAILS

28 - Hancock, MA 9:30 AM - 12:30 PM
HIKE THE TACONIC CREST TRAIL - FROM LEBANON MT.
ROAD/RT 20 TO TWIN PONDS, PITTSFIELD STATE FOREST

Hike from the southern terminus of the 37-mile long Taconic Crest Trail to Twin Ponds in Pittsfield State Forest, one of the many reservoirs built by the Shakers. This is a ridge walk through a hemlock and hardwood forest with some short steeper sections. Learn about the Taconic Hiking Club and why the Taconic region and this trail are so important to efforts to preserve larger, intact forested areas.



Taconic Crest Trail



Tamarack Hollow Preserve

Participants limited to 12, and will be required to sign a liability release at start of hike. 3 hours - 3 miles

Registration is Required - email: kcoyross@aol.com

From Pittsfield take Rt. 20 west beyond Hancock Shaker Village and continue 0.5 mile to the top of Lebanon Mountain. Before the descent begins down the mountain, pull into the large pullover parking area on the right. The trailhead begins in the break in the fence.

29 - Windsor/Savoy, MA 10 AM - 12 PM
HIGH ELEVATION BOREAL SPRUCE-FIR FOREST: PLANT, TREE
AND WILD EDIBLE HIKE AT THE TAMARACK HOLLOW NATURE
& CULTURAL CENTER

Join naturalist Aimee Gelinas, from Tamarack Hollow Nature and Cultural Center, for this hike featuring the unique high elevation flora of the boreal forest (located in the headwaters area of the Housatonic River) including tips for tree, plant and wild edible identification. Hike is free (donations accepted for the nature center). Supported by the Berkshire Taconic Central Berkshire Fund. 2 hours - 1.5 miles

Registration required - email: aimee@gaiaroots.com

Please do not use a GPS to locate us on Savoy Hollow Road. Tamarack Hollow Nature & Cultural Center, 1515 & 1516 Savoy Hollow Rd, Windsor, MA. Only enter Savoy Hollow Road via Griffin Hill Rd off Route 116 in Savoy, MA (you can use a GPS to find Griffin Hill Rd). From Rt 9, in Windsor center take 8A north to Rt 116 in Savoy. At end of Rt 8A take a right onto Route 116 heading towards Savoy Center and Plainfield. Go approx 1.1 miles through the center of Savoy and take your first right after the center of town onto River Rd (there is a small light brown house with cream trim on the corner, this is #4 River Road). After the small house, cross the bridge over the river and go immediately to your right up the hill - this is Griffin Hill Rd (there is a sign saying "Tamarack Hollow-1 mile"). Continue up Griffin Hill Road (which will become Savoy Hollow Rd) for approx. 1 mile until you reach Tamarack Hollow.



West Cornwall - by Dan Bolognani

**30 - Falls Village, CT 10 AM - 12 NOON
15-MILE SCENIC BIKE RIDE FROM WEST CORNWALL TO FALLS
VILLAGE AND RETURN**

Enjoy a leisurely, scenic bike ride along low traffic roads from West Cornwall to Falls Village and back, with Terry Burke, from the Upper Housatonic Valley National Heritage Area. Easy cycling, and 6 miles is on hard packed dirt, with great views of the Housatonic River. The route is part of the newly-established Western New England Greenway that runs from Norwalk, CT, to the Canadian border. Riders must have their own bikes and bike helmets are required. 2 hours - 15 miles

Meet in West Cornwall in the parking lot at The Bend boat launch on the Housatonic River, located where Rt 128 exits off of Rt 7.

**31 - Stockbridge, MA 1 PM - 2:15 PM
A PLEASANT STROLL OVER LAUREL HILL PARK AND THE MARY
FLYNN TRAIL**

Join Patricia Flinn for a leisurely history walk of the Laurel Hill Association's signature property, and continuing on to the Mary Flynn Trail, which is handicap accessible. The Association was founded in 1853, and is the oldest existing village improvement society in the US. Wear sensible walking shoes. 1.25 hour - 1.5 miles



Mary Flynn Trail - by Diane Cote

Meet at the Stockbridge Town Offices building at 50 Main St., at the 'Town Offices' sign on the right side. GPS 42.28164, -73.30583

**32 - Falls Village, CT 1 PM - 2 PM
AMERICAN CHESTNUTS: LOST & FOUND**

Join Woods Sinclair and friends for a talk and walk in a 300-acre planting American chestnut orchard. Learn of the dramatic sudden loss of this major tree and the ecological impact. Hear of The



Notchview Farm - by Donna Drew

American Chestnut Foundation's efforts to restore this iconic tree to our landscapes. Rain cancels. 1 hour - <0.25 mile

To register - 860-824-7454 or email: fayaway7@gmail.com

From Falls Village, drive north on Route 7. At intersection of Rts 7 and 63, take Barnes Road to its end. Turn right on Under Mountain Road. The orchard is approximately 3 miles on the left - across from 392 Under Mountain Rd. GPS 41.94321, -73.28306



By Dan Bolognani

**33 - Windsor, MA 1 PM - 2:30 PM
HELENSCOURT & NOTCHVIEW FARM IN THEIR HEYDAY**

The Lt. Col. Arthur and Helen Budd estate, called Helenscourt and Notchview Farm, (located in the headwaters area of the Housatonic River) was a small-town rival to the great Lenox and Stockbridge cottages.

Mrs. Budd was a hospital superintendent, Col. Budd was a decorated WWI Army officer. Participants will stroll open grounds and learn about buildings now and gone, including a reconstructed 19th century barn and the first firehouse in town.

We'll hear about the iris gardens, spruce forests and early roads. Walk leader Bernard A. Drew grew up on the property before it was turned over to The Trustees of Reservations in 1965. He has recently written a history of the place: "The Colonel on Skis". 1.5 hours - 1/2 mile

From Pittsfield, take Route 9 through Dalton, and up the hill to Windsor. A mile past the church, take a left onto Old Route 9, at the entrance to Notchview Reservation, and park near the first driveway. The tour will start at the Visitor Center. The walk will be all outdoors with plenty of room to spread out. GPS 42.50316, -73.03533



34 - Lenox, MA 3 PM - 4:30 PM
EXPLORE THE IMPRESSIVE GARDENS & LANDSCAPE OF THE MOUNT - HOME OF EDITH WHARTON

Anne Schuyler will guide you on an exploration of the impressive gardens and woodland trails of The Mount-Edith Wharton's Estate, a 1902 home (a National Historic Landmark) of Pulitzer Prize winning author Edith Wharton. NOTE: Does not include an interior house tour, which, for a fee, can be arranged before the free Heritage Walk. 1.5 hours - <1 mile

From the junction of Rt 20 & Rt 7 in Lenox, head south on Rt 7, and drive 1 mile to Plunkett St. on the left. Meet at the ticket booth. GPS 42.33558, -73.28293 www.EdithWharton.org

35 - Becket, MA 1 PM - 3 PM
EXPLORING THE BECKET LAND TRUST'S HISTORIC QUARRY & FOREST

Enjoy a leisurely hike to explore this historic quarry with Becket Land Trust founders, Ken and Ann Smith. Learn about granite quarrying from 1850-1950's.



Witness the scenic quarry, now filled with water, surrounded by stands of beautiful white birch trees and the standing wooden derrick and winches. Hear how The Trust saved this property for recreation and developed miles of hiking trails. 2 hours - 2-3 miles

From junction of Rts 20 & 102 in Lee, take Rt 20 east and drive about 14 miles, to the junction where Rt 8 turns left off Rt 20- here, you will turn right on Bonny Rigg Hill Rd. Drive about 2 miles and turn left on Quarry Rd. and drive for 1 mile, parking is on the right. GPS 42.25116, -73.02014



SATURDAY - SEPTEMBER 18, 2021

36 - Sheffield, MA 9 AM - 5 PM
SELF-GUIDED WALK: IF THIS HOUSE COULD TALK

REFER TO WALK # 1 FOR FULL DETAILS

37 - Falls Village, CT 9 AM - 3 PM
SELF-TOUR OF THE FALLS VILLAGE MEETINGHOUSE

Take a self-guided tour of the South Canaan Meetinghouse during the Falls Village-Canaan Historical Society's annual Peddlers Flea Market on the outside grounds.

Located in the center of Falls Village. GPS 41.955021, -73.362576

38 - Washington, MA 10 AM - 12 NOON
THE SECRETS OF MUDDY POND & THE BUILDING OF THE 1ST U.S. RAILROAD MOUNTAIN CROSSING: DESIGNATED A NATIONAL HISTORIC LANDMARK IN 2020

Dave Pierce, from the Chester Railway Station Museum, offers this hike to Muddy Pond, on the watershed divide of the Berkshires. Learn of it's interesting history, as this area presented unique challenges to Whistler's father as he engineered the world's first mountain railroad up and over the Berkshire plateau. This area is wonderfully scenic, has abundant wildlife and has an amazing history. Learn why this 5-acre Housatonic River headwaters has earned the title of "most deceptive body of water in Mass." and the challenges it posed to the first railroad builders over the Berkshires.



A level walk on the traprock on the side of the railroad tracks. You are welcome to tour the Chester Railroad Station Museum, a National Historic Landmark, afterwards. Donations welcome for the museum. Heavy rain will cancel. 2 hours - 3 miles



Lenox Town Hall - by Wendy Ames

To register - email: dpiercedlp@aol.com or 413-354-7752

From the junction of Rt 102 & Rt 20 in Lee - Drive 7 miles east on Rt 20 to West Becket, to the junction where Rt 8 splits. Turn left onto Rt 20-east/Rt 8-north. Drive for 5 miles, and at the bottom of a long hill, take a left turn onto Rt 8-north. Drive 10 miles to the Washington Town Hall and take a right turn onto Summit Hill Rd. Shortly, you will reach a narrow bridge over the railroad tracks- park along here. OR FROM DALTON - follow Rt 8 south (approx. 9 miles) and turn left onto Summit Hill Rd. in Washington. Within a short distance, you will reach a narrow bridge over the railroad tracks- park along here. Please don't park along Summit Hill Rd. past the bridge. GPS 42.37490, -73.11129

39 - Lenox, MA 10 AM - 11 AM HISTORIC LENOX VILLAGE WALKING TOUR - VISUALIZING 250 YEARS OF HISTORY

Lenox Village has a history ranging from the Revolutionary era to mid-19th century shire town to the Gilded Age Cottager Era. Join Lucy Kennedy, from the Lenox Historical Commission, for this walk to gain an appreciation of the breadth of the history of this little village. 1 hour - 0.5 mile

Meet at the Lenox Historical Society at 65 Main St. - across from the shopping plaza & Neijames Liquor Store. Parking is available behind the bank next door. GPS 42.3565, -73.2848

40 - Gt. Barrington, MA 10 AM - 11 AM AN INTERPRETIVE STROLL ON THE HOUSATONIC RIVER WALK - BERKSHIRES' NATIONAL RECREATION TRAIL

Enjoy a narrated tour offered by the Gt. Barrington Land Conservancy of this designated National Recreation Trail that follows the Housatonic River as it flows behind Main St. Incredible volunteer efforts removed 400 tons of debris from the river and developed a



Great Barrington Riverwalk



Mount Greylock

trail that respects nature and reveals the river's beauty. Learn of the historic, cultural and ecological significance of the river. 1 hour - 0.5 mile.

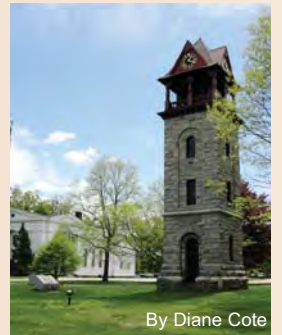
To register - email: Elia@greenagers.org or 413-429-6416

Meet at the Du Bois River Garden Park at Church St. & River St. The River Walk is located in the heart of Great Barrington. Parking is located off of Rt 7, on Bridge St., behind the Searles Bryant building (across the street from Memorial Field and the Gt. Barrington Coop). GPS 42.19375, -73.35923

41 - Stockbridge, MA 10 AM - 12 NOON HISTORICAL WALKING TOUR OF STOCKBRIDGE, MA

Join Bess Dillman, from Berkshire Hiker, for a history tour of Stockbridge - from the first residents, to the missionary settlement, to Elizabeth Freeman (Mum Bett), to writer Catherine Sedgwick, to Norman Rockwell and more. Stockbridge has a colorful history! We will walk along the streets and into the cemetery. 2 hours - 1.5 miles

To register, as participation is limited to 15, email: elizabeth.dillman@gmail.com



By Diane Cote

Meet at the Stockbridge Congregational Church parking lot, 44 Main St., Stockbridge. GPS 42.28830, -73.31949

42 - Lanesborough, MA 1 PM - 3 PM THE HISTORY AND NATURE OF MT. GREYLOCK'S SUMMIT: A MOUNTAINTOP WALK

Join Mike Whalen, from the Mass. Dept. of Conservation and Recreation, and Peter Dudek, from Bascom Lodge, atop the most scenic, highest elevation (3,491') and oldest wilderness state park in Massachusetts. Discover the 1930's period of great park building when government work programs like the CCC-Civilian Conservation Corps created special places for recreation.



Hancock Shaker Village

The rustic, yet elegant, "parkitecture" of Bascom Lodge became a distinctive style that defined America's parks. This is an interpretive walk around the summit of Mount Greylock, with an emphasis on its unique ecology and historic structures as they comprise a fully realized historic landscape; and take an insider's tour of Bascom Lodge. NOTE - Summit Parking Fee is \$5 for Mass. plates, \$6 for non-Mass. plates. 2 hours - 0.25 mile

To register - email: hikewithmike@live.com

Meet on the summit of Mt. Greylock in front of Bascom Lodge. Access to the reservation is from Rockwell Rd., off Rt 7 in Lanesborough or from Notch Rd. in No. Adams. GPS 42.636875, -73.16692

43 - Hancock/Pittsfield, MA 1 PM - 4 PM
HISTORY WALK ON THE HANCOCK SHAKER VILLAGE
"SHAKER TRAIL"

Hike the Shaker Trail, with HSV staff, located across Rt 20 from Hancock Shaker Village, to the HSV North Family Site and to Mount Sinai, a spiritual "feast ground" for the Shaker community. Hike will include stops at remains of mill sites, of the North Family dwelling site (active from 1821-1867), and the summit of the mountain, where the Shakers held special celebratory services twice a year in the mid-19th century. Moderate to strenuous hike.

NOTE: This walk does not include general admission to the Village. For a fee, admission to the Village can be arranged before the free Heritage Walk. 3 hours - 2.5 miles.

To register - 413-443-0188 x-0 or
email: info@hancockshakervillage.org

Meet at the HSV Visitor Center/ticket desk, main entrance, on Rt 20 (34 Lebanon Mt. Road), Pittsfield/Hancock. From the junction of Rt 41 & Rt 20 junction - drive west on Rt 20 for 1/2 mile to the HSV entrance. GPS 42.43091, -73.34049



Civilian Conservation Corps - By Mass DCR

SUNDAY - SEPTEMBER 19, 2021

44 - Sheffield, MA 9 AM - 5 PM
SELF-GUIDED WALK: IF THIS HOUSE COULD TALK

REFER TO WALK # 1 FOR FULL DETAILS

45 - Pittsfield, MA 10 AM - 12 NOON
THE CIVILIAN CONSERVATION CORPS (CCC) AT PITTSFIELD
STATE FOREST

Join the Mass. Dept. of Conservation & Recreation (DCR) to explore a landscape shaped by the CCC. This New Deal program during the 1930's Great Depression improved our public parks and forests nationwide. The program inspired a recreational heritage that we still enjoy today. Join Bob Rando for a tour of forgotten Pittsfield State Forest recreation features built by the CCC some 80 years ago, including the famous Ghost and Shadow Ski Trails. Visit the rustic Ski Lodge, still in use. 1.5 hours - 1.5 miles

Pittsfield State Forest – 1041 Cascade St., off of West St. From the park entrance, drive another 0.7 mile (Shamrock Boulevard) to the meeting place at Lulu Cascade day-use area parking lot. GPS 42.48543, -73.30101

46 - Sharon, CT 10 AM - 12 NOON
A MODERATE HIKE AT THE SKIFF MOUNTAIN NORTH
PRESERVE

Join this hike with the Sharon Land Trust on a 197-acre preserve located on the Kent/Sharon town border. The preserve is predominantly forested and also encompasses several post agricultural fields and extensive wetlands, which includes a rare red spruce wetland community, considered to be one of CT's critical habitats. The preserve contains habitats which support rare plants and wildlife species, as well as an impressive diversity of breeding bird species. 2 hours - 1 mile



by Sharon Land Trust



Mountain Express Trail - by Norfolk Rails To Trails

Parking and trailhead access are on Skiff Mountain Road, just inside the Kent border, past Marvelwood School and 1.3 miles from its intersection with West Woods Road #1.
GPS 41.80093, -73.46834

47 - Norfolk, CT 10 AM - 12 NOON THE MOUNTAIN EXPRESS RAILS TO TRAILS HIKE

Nestled in the foothills of the Berkshire mountains, Norfolk's brief but illustrious history of passenger trains (the Mountain Express) and rail freight comes roaring back to life with a historical hike along remnant sections of the railroad right-of-way in town. Join the Rails to Trails organization for a hike at Station Place and progress through the lands of the former Brown Company iron colliers, where the once abandoned coal piles and antique equipment have returned to woodlands.



by Norfolk Rails To Trails

Continue on the old rail-bed, through the Wood Creek Flood Control area and cross over North Street, where a rail bridge once stood, to end up on the proposed North Brook Rail Trail segment. View the challenges and remarkable skills presented by today's busy beaver engineers, who have reclaimed a section of this historic rail line for themselves.
2 hours - 2 miles

To register - email: michelleschilds56@gmail.com
or call 860-542-5953

Park and meet at Station Place in the Village Center.
GPS 41.990347, -73.19944

48 - Hinsdale, MA 10 AM - 12:30 PM A GUIDED HISTORY WALK ALONG THE OLD MILL TRAIL, A HOUSATONIC RIVERSIDE TRAIL

Take a walk along the East Branch of the Housatonic River on the



Citizen Science with Greenagers - by Schoodic Institute

Old Mill Trail and learn about the history of the water powered mill operations, river ecology and current issues. This level trail connects the communities of Hinsdale and Dalton and follows the remnants of an early mill operation that once powered thriving woolen mills. Participants can choose to turn around earlier, if a shorter length is desired.
2.5 hours - 3 miles

To register - email: adixon@hvato-day.org (note Old Mill Trail Hike in subject line) or call 413-298-7024.



Old Mill Trail - by Dennis Regan

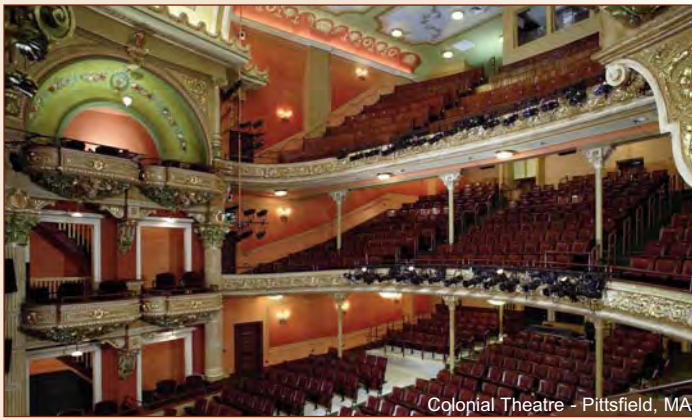
From Route 8 in Hinsdale, turn left, if heading south, or right, if heading north, on to Old Dalton Road. Cross over the river and take an immediate left into the trailhead parking. The Hinsdale Trading Company is almost directly opposite the trailhead. GPS 42.4480, -73.1305

49 - So. Egremont, MA 10 AM - 12 NOON OPERATION POLLINATION CITIZEN SCIENCE WALK WITH GREENAGERS

Join Greenagers' guides to learn about native bumblebee pollinators in diverse habitats at the 100-acre property of the April Hill Education and Conservation Center. Inspired by the Egremont Pollinator Pathway toolkit designed by Evan Abramson and Dr. Robert Gegear of Landscape Interactions and the Beecology Project, participating citizen scientists will take photos/videos of bee/plant interactions.

The data collected will help develop more pollinator-friendly land care practices and support regional efforts to conserve at-risk pollinator species. Easy level walking/hiking. Wear sturdy footwear. Bring water to drink. 2 hours - <1 mile. Rain Date: Sunday, September 26.

Space is Limited. Registration Required by September 14. Email: aretha@greenagers.org or (413) 644-9090 (leave message)
Directions and information (including use of the Beecology App) will be provided when registration is confirmed.

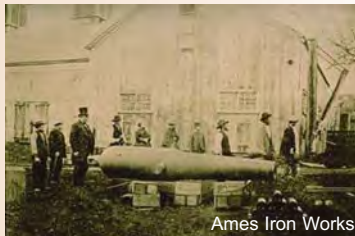


Colonial Theatre - Pittsfield, MA

50 - Salisbury, CT 11 AM - 12 NOON
CANNON AT 20 PACES! THE RISE AND FALL OF THE AMES
IRON WORKS

REFER TO WALK # 10 FOR
FULL DETAILS

51 - Norfolk, CT 1 PM - 2 PM
JAMES MARS: A JOURNEY TO
FREEDOM



Ames Iron Works

Born in 1790, James Mars was the last known slave sold in Norfolk CT. Gaining his freedom at the age of twenty-one, his life journey is a fascinating one. Deacon, activist for equal rights, and a community leader.

Join the Norfolk Historical Society at Norfolk's Center Cemetery to learn more about this remarkable man, and the many people who helped him along his journey. 1 hour.



Meet at the Center Cemetery, 15 Old Colony Road, Norfolk CT 06058. From Rte 44 turn North onto Rte 272, North Street. Old Colony Road is your first left, please park along the south side of the road.

Please Remember -

- Wear sturdy footwear for those 'Walks' that include trail hikes and outdoor trekking.
- Bring a water bottle / beverage to stay hydrated.
- Bring insect repellent if you're hiking outside.
- Read the Heritage Walks description carefully - some require pre-registration!
- Enjoy!



April Hill Conservation & Education Center - by Diane Cote

SATURDAY - SEPTEMBER 25, 2021

52 - Sheffield, MA 9 AM - 5 PM
SELF-GUIDED WALK: IF THIS HOUSE COULD TALK

REFER TO WALK # 1 FOR FULL DETAILS

53 - Sharon, CT 9 AM - 10 AM
THE SHARON GREEN: MAKING COMMUNITIES

REFER TO WALK # 24 FOR FULL DETAILS

54 - Pittsfield, MA 10 AM - 11 AM
TOUR THE HISTORIC COLONIAL THEATRE

Enjoy a journey with Bill Munn through the history of the gilded age Colonial Theatre, owned by The Berkshire Theatre Group, as you hear the story of the 1903 world-class theatre, movie house, National Historic Treasure appointment by Hillary Clinton, restoration, and 2006 grand re-opening. 1 hour

To register - email: bmarshall@berkshiretheatre.org
or 413- 448-8084 ext. 18

Located at 111 South St., just north of the junction of Rts 7 & 20 in the center of Pittsfield. Wear sensible walking shoes for walking through 3 floor levels. We do have elevator access.
GPS 42.44622, -73.25402

55 - So. Egremont, MA 10 AM - 11:30 AM
EXPLORE THE 1744 HISTORIC GROUNDS AND FARM OF
APRIL HILL

REFER TO WALK # 18 FOR FULL DETAILS

56 - Lenox, MA 10 AM - 11 AM
WALKING TOUR OF ELEGANT CLIFFWOOD STREET AND
YOKUN AVENUE

Cliffwood Street and Yokun Avenue remain among the most elegant streets in Lenox. Join Lucy Kennedy, from the Lenox



Yokun Ave. Lenox - by Lenox Historical Society

Historical Commission, as she describes how these were the major areas for "summer cottagers" and other wealthy 19th century residents to build their summer homes. Hear the background on what remains, as well as what used to be. 1 hour - 0.5 mile

Meet at the Lenox Historical Society at 65 Main St. - across from the shopping plaza & Neijaimes Liquor Store. Parking is available behind the next door bank. GPS 42.3565, -73.2848

57 - Gt. Barrington, MA 10 AM - 11 AM
AN INTERPRETIVE STROLL ON THE HOUSATONIC RIVER WALK
- BERKSHIRES' NATIONAL RECREATION TRAIL

Enjoy a narrated tour offered by the Gt. Barrington Land Conservancy of this designated National Recreation Trail that follows the Housatonic River as it flows behind Main St. Incredible volunteer efforts removed 400 tons of debris from the river and developed a trail that respects nature and reveals the river's beauty. Learn of the historic, cultural and ecological significance of the river. 1 hour - 0.5 mile

To register - email:
Elia@greenagers.org or 413-429-6416



Housatonic River Walk

Meet at the Du Bois River Garden Park at Church St. & River St. The River Walk is located in the heart of Great Barrington. Parking is located off of Rt 7, on Bridge St., behind the Searles Bryant building (across the street from Memorial Field and the Gt. Barrington Coop). GPS 42.19375, -73.35923

58 - West Stockbridge, MA 10:30 AM - 12 NOON
TOURING THE NEIGHBORHOODS OF WEST STOCKBRIDGE:
THE CATHOLIC CEMETERY

Join Bob Salerno and John Parker, from the West Stockbridge Historical Society, as they explore the town's largest cemetery. Established in 1870, the Catholic cemetery is the final resting place of many of our area's prominent citizens and immigrant citizens during the height of the industrial age. Reception to follow at the Old Town Hall. 1.5 hours, <0.5 mile



Downtown Falls Village - photo by Dan Bolognani

To register - email: info@weststockbridgehistory.org

Meet at the cemetery on Rt 41, 1 mile north of the village center.
GPS 42.34787, -73.37977

59 - Falls Village, CT 1 PM - 2:30 PM
WALKING TOUR OF DOWNTOWN FALLS VILLAGE

Join a guided tour, by the Falls Village-Canaan Historical Society, of downtown Falls Village, a designated historic district. NOTE: Does not include a tour of the museum interior. An inside tour, can be arranged before or after the free Heritage Walk. 1 hour - 0.75 mile

Meet at the Falls Village Depot at 44 Railroad Street, Falls Village.
GPS 41.953487, -73.364268

60 - Gt. Barrington, MA 1-2 PM & 2-3 PM
ENCOUNTERING W.E.B. DU BOIS - NATIONAL HISTORIC
LANDMARK TOUR

W.E.B. Du Bois, the great African-American author and civil rights leader, was born and raised in Great Barrington and returned frequently. Join David Glassberg, from the Univ. of Massachusetts, for an interpretive tour on a level woods trail leading to the foundation of Du Bois's boyhood home - a National Historic Landmark and the first destination in the U.S. to tell the story of his life and legacy.

1 hour - <0.5 mile.



Du Bois Homesite - by Dan Bolognani

Meet at the Homesite (at 612 So. Egremont Rd), located 2 miles south of Gt. Barrington center. At junction where Rt 7 & Rt 23 split off, take Rt 23 and drive west for ~ 1 mile.
GPS 42.17702, -73.39430



61- Mount Washington, MA 2 PM - 4 PM
THE VIEW FROM "THE DOME" - A HIKE AT MOUNT EVERETT
STATE RESERVATION

The Dome, also known as Mount Everett, has figured prominently both in the landscape and history of the southern Berkshires. Notable scientists and luminaries have chronicled their impressions of this place. Follow in their footsteps, as we ascend to the top of The Dome for a sweeping view of the Housatonic River Valley and into NY.

Join Alec Gillman of Mass. Dept. of Conservation and Recreation for a rigorous hike up the Appalachian Trail to the summit of Mount Everett (a 500 foot elevation gain over 0.7 mile). Along the way we will dip into the past, recounting some of these colorful stories, and allow for the opportunity to create your own impressions of The Dome. 2 hours - 1.4 miles

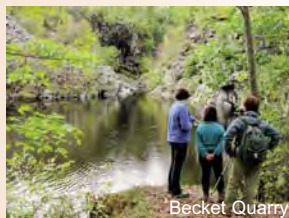
To register - email: alexander.gillman@mass.gov or 413-442-8928 x134

Mount Everett State Reservation – On East Street, is 7.5 miles from the intersection of MA Rts 23 & 41 in South Egremont; or 5.4 miles from NY Route 22 in Copake, NY, via NY route 344. Look for the State Reservation sign. Then follow the dirt Mount Everett Road for 2 miles uphill, past Guilder Pond, to the Appalachian Trail parking lot. GPS 42.10653, -73.43657

62 - Becket, MA 2 PM - 4 PM
EXPLORING THE BECKET LAND TRUST'S HISTORIC QUARRY &
FOREST

REFER TO WALK # 35 FOR FULL
DETAILS

From junction of Rts 20 & 102 in Lee, take Rt 20 east and drive about 14 miles, to the junction where Rt 8 turns left off Rt 20 - here, you will turn right on Bonny Rigg Hill Rd. Drive about 2 miles and turn left on Quarry Rd. and drive for 1 mile, parking is on the right. GPS 42.25116, -73.02014



SUNDAY - SEPTEMBER 26, 2021

63 - Sheffield, MA 9 AM - 5 PM
SELF-GUIDED WALK: IF THIS HOUSE COULD TALK

REFER TO WALK # 1 FOR FULL DETAILS

64 - Falls Village, CT 10 AM - 11 AM
MEET THE GOATS AT ADAMAH FARM

Which is the most fun, mischievous and friendliest farm animal? The humble goat! Join Carly Sugar on a walk to meet our herd at Adamah Farm (part of the Isabella Freedman Center and Hazon) and learn about regenerative animal husbandry practices. Walk our pasture and find out how goats turn poison ivy into chevre! 1 hour, < 0.5 mile

To register, email carly.sugar@hazon.org

On Rt 7 or on Rt 126, about 2 miles south of the center of Falls Village, turn onto Johnson Rd. and turn into the Isabella Freedman Jewish Retreat Center driveway and park in the large lot. We'll meet at the entrance to the parking lot.

65 - Monterey, MA 10 AM - 11:30 AM
"RE-FRAME THE OUTDOORS" THROUGH "KID-TINTED GLASSES"
AT THE BIDWELL HOUSE MUSEUM GROUNDS - A FAMILY HIKE

Join this child-led walk with Taylor Staubach, from Berkshire Family Hikes. Discover how to see things through "kid-tinted glasses". As parents, we want to help our children appreciate nature and connect to it. More times than not, they don't need our prompting.

Often, it is the kids that help us connect to a part of nature that we've lost as we age. Kids continually surprise us where their thoughts lead. Some of these questions and our attempted answers may inevitably lead us to revisiting things we haven't thought about in a long time. Kids reframe the world for us, because of their ability to simultaneously see things in two ways, oscillating between big picture concepts to the minute details near-at-hand. It challenges us to explain things at their level of understanding; and



Courtesy of Berkshire Family Hikes

while we're worrying about covering ground, they're uncovering small wonders that we've overlooked. 1.5 hours, 1.5 miles.
To register - email: taylor@berkshirefamilyhikes.com

From Monterey center - take Tyringham Rd. for 1.5 miles, then left onto Art School Rd. and drive 1 mile to the end; OR From the traffic light at Big Y in Lee - take Tyringham Rd and drive 5.5 miles, take a right onto Monterey Rd and drive for 2.3 miles, then right on Art School Rd. Drive 1 mile to the end at the Bidwell House Museum. GPS 42.20888, -73.21830

66 - Kent, CT 10 AM - 12 NOON
TREE IDENTIFICATION NATURE WALK AT POND MOUNTAIN NATURAL AREA

Join Russell Plumb, an arborist from Sawing High Climbers, on a hike as he provides tips and skills for identifying native trees, within this 800-acres that is highlighted by Fuller Pond. 2 hours - 1.5 miles. To register - email: stevepener@pondmountaintrust.org
OR 203-470-0393

From the village of Kent, take RT 341 West, take a right onto Macedonia Brook Road, and then a right onto Fuller Mt Rd. Parking area will be on the right at top of hill. Use 99 Fuller Mt Rd, Kent, CT for GPS. GPS 41.7601, -73.4830

67 - Stockbridge, MA 10:30 AM - 12 NOON
STOCKBRIDGE COMMUNITY BIKE RIDE - A LEISURELY 17-MILE BICYCLE RIDE

Join Marie Raftery & Buck Smith, from the Stockbridge Bike Group, for a supported bike ride on scenic roads, passing by the Berkshire Botanical Garden and along the Housatonic River, through the town of Housatonic and on to Taft Farm, a family farm with an acclaimed bakery. This is a ride for intermediate cyclists on public roads with traffic. Helmets are required. 1.5 hours - 17 miles
To register - email: kraftery@roadrunner.com or 413-298-4910

Parking and start at the Stockbridge Town Offices, 50 Main St. GPS 42.28153, -73.30911



Photo courtesy of Diane Cote

68 - Lee, MA 11 AM - 12 NOON
A NATURE WALKING TOUR AT GOLDEN HILL TOWN FOREST

Join naturalist Linda Cysz, from the Lee Land Trust, for a meandering walk through this town forest to get a sense of the natural setting and learn some of Lee's town history. Golden Hill Town Forest's 70-acre property was once owned by George Westinghouse as part of his estate known as Erskine Park. His house was in Lenox near Laurel Lake and his farmland extended across the road to the Golden Hill area. In 1939 George Westinghouse, Jr. donated this parcel to the Town of Lee. Here is where you'll find the highest peaks in Lee at about 1220' elevation.

The Pinnacle has views to October Mt., Highlawn Farm and Laurel Lake. This is truly an enchanted geologic world. Easy loop trails guide you through the boulders, ledges, wildflowers, mushrooms and old trees. In the early 1960's this was a vibrant picnic spot with pavilion, stone fireplace and even electricity! Today, that area is the open field.
1 hour - 1 mile

Heading north on Rt 20 from the center of Lee, after crossing the railroad tracks and the river, drive for 0.8 mile to Golden Hill Road (across from the Retro Pop Shop). Turn right onto Golden Hill Road and drive uphill for 0.3 mile to a parking site on the right side of road, at Lee Town Forest sign. GPS 42.322441, -73.255433



Golden Hill Town Forest

69 - Ashley Falls, MA 1 PM - 3:30 PM
CANOE PADDLING TRIP ON THE HOUSATONIC RIVER FROM BARTHOLOMEW'S COBBLE

Paddle through farms and forest with an eye to the sky for migrating raptors as you wind your way down the Housatonic River. We will start and end at the same location. Suitable for families with children 10+ years and older. Canoes, paddles and PFD's are



provided. People can register to bring their own canoe or kayak. Rain Date is Oct 3. 2.5 hours - 3 miles of paddling. Registration IS REQUIRED - 413-298-7024 or email: adixon@hvatoday.org

Directions and additional trip information will be provided upon the completion of registration.

70 - Washington, CT 3 PM - 4 PM
STEP BACK IN TIME: NATIVE AMERICAN HERITAGE WALK AT THE INSTITUTE FOR AMERICAN INDIAN STUDIES

Archaeologist, Dr. Lucianne Lavin will lead a walk along the museum's trail and end at a replicated 16th century Algonkian village. Glimpse into the history and culture of the local Pootatuck tribal peoples, learn about their medicinal plants, and hear of their community life and spirituality. Wear sturdy footwear.



NOTE--Does not include a tour of the museum interior, which, for a fee, can be arranged before or after the free Heritage Walk. 1 hour - 0.5 mile

To register - 860-868-0518 or email: events@iaismuseum.org or gbenjamin@iaismuseum.org

Drive on Rt 67 North through Roxbury to Rt 199. Turn right onto Rt 199. Follow Rt 199 North for 3 miles to Curtis Road on left. OR From North Western CT, take Rt 7 South to New Milford and Rt 67. Follow Rt 67 South to Roxbury. Turn left onto Rt 199. Follow Rt 199 North for 3 miles to Curtis Road on left. OR From Torrington and Litchfield, Take Rt 202 West towards New Milford. Turn left onto Rt 47. Follow Rt 47 through Washington Depot. Turn right onto Rt 199. Follow for 1 mile to Curtis Road on right. GPS 41.61069, -73.32521



SATURDAY - OCTOBER 2, 2021

71 - Sheffield, MA 9 AM - 5 PM
SELF-GUIDED WALK: IF THIS HOUSE COULD TALK

REFER TO WALK # 1 FOR FULL DETAILS

72 - Lenox, MA 9 AM - 11 AM
WHARTON'S WOODS, WETLANDS & MEADOWS: HUMAN HISTORY & ECOLOGY AT THE MOUNT

Take a walk on the wild side with Mass Audubon at The Mount. Explore the intersection of human history and ecology while walking the beautiful woods, meadows, wetlands, and lake views and the full expanse of Edith Wharton's original estate, including recently conserved land/trails leading to Edith Wharton Park on Laurel Lake. 2 hours - 3 miles

To register online - www.massaudubon.org/programs

From the junction of Rt 20 & Rt 7 in Lenox, head south on Rt 7, and drive 1 mile to Plunkett St. on the left. Meet at the ticket booth. GPS 42.33558, -73.28293 www.EdithWharton.org

73 - New Marlborough, MA 9 AM - 12:30 PM
HIKE A SCENIC CIRCLE IN COOKSON STATE FOREST

This is a moderately difficult hike with the New Marlborough Land Trust on forest trails and wood-roads, a stepping stone crossing over one stream and a suspension bridge over another. We cross the top of the flood control dam at the 1000 Acre Lake, circle the southern shore, and visit mysterious East Indies Pond. We then pass the outlet to Mill Pond which once powered a shingle factory and sawmill. Next we cross the suspension bridge with active beaver dam beneath, and a picnic area overlooking the Lake, where we can rest for a snack. 3.5 hours - 5 miles

To register - email: nmlandtrust@gmail.com OR 413-854-8509

From Southfield village in the Town of New Marlborough, continue south on Norfolk Road for 2.5 miles and take very first left onto Hotchkiss Road. Continue for 0.6 mile to the 1000 Acre Lake boat ramp on the right.



Macedonia Brook State Park / Cobble Mountain - by Morrow Long

**74 - Kent, CT 9:30 AM - 12:30 PM
COBBLE MOUNTAIN HIKE AT MACEDONIA BROOK STATE PARK**

Join the Northwest Connecticut Land Conservancy for a challenging hike to our Cobble Mountain Preserve, accessible from Macedonia Brook State Park. The trail passes along Macedonia Brook and includes a steep ascent over a rocky outcrop to the blue-blazed Macedonia Ridge Trail. The NCLC has protected 192 acres of Cobble Mountain and surrounding area, includes 86 acres of ridgeline and the northwestern hillside. Amazing views of the Taconic and Catskill Mountain ranges. 3 hours - 2.5 miles
To register - email: carrie@ctland.org

159 Macedonia Brook Road. From Kent, follow Rte 341 west from the junction of Rte 341 & Rte 7. Turn right onto Macedonia Brook Rd. Stay left at the intersection of Macedonia Brook and Fuller Mountain Rds. Look for park signs. GPS 41.76806, -73.49457

**75 - Monterey, MA 10 AM - 1 PM
A WALK THROUGH HISTORY ON THE BIDWELL HOUSE MUSEUM GROUNDS**

Rob Hoogs, from the Bidwell House Museum, will leads us on a historical hike along old, rough colonial roads. We'll investigate cellar holes, charcoal hearth, beautiful old stone walls, ending on a hillside overlooking Stedman Pond, with filtered views into the Tyringham Valley. NOTE--Does not include a tour of the museum interior. An inside tour, for a fee, can be arranged after the free Heritage Walk. 3 hours - 3 miles.



Photo by The Bidwell House

To register via the website - bidwellhousemuseum.org

From Monterey center - take Tyringham Rd. for 1.5 miles, then left onto Art School Rd.; Drive 1 mile to the end; OR From the traffic light at Big Y in Lee - take Tyringham Rd and drive 5.5 miles, right onto Monterey Rd and drive for 2.3 miles, then right on Art School Rd. and drive 1 mile to the end at the Bidwell House Museum. GPS 42.20888, -73.21830



Photo courtesy of Paul O'Brien, Sheffield Historical Society

**76 - Sheffield, MA 11 AM - 4 PM
NATIVE AMERICAN MOHICANS IN THE BERKSHIRES:
AN EXHIBITION**

This interactive, multimedia exhibit looks at the history of the Mohicans in the Berkshires. In collaboration with the Stockbridge-Munsee Band of the Mohican Nation, this exhibit by Mt. Everett high school students uses a variety of art forms - sculpture, painting, performance, audio and video to tell the story of the Mohicans from their point of view. The exhibit is under tents at the Sheffield Historical Society grounds; and although it is self-guided, exhibit creators will be on hand to answer any questions. 1 hour

The exhibit is on the grounds of the Sheffield Historical Society, 159 Main St./Rt.7. Park in the town parking lot behind the gas station, the exhibit is directly adjacent to it. GPS 42.110729, -73.353073

**77 - Mill River, MA 1 PM - 4 PM
HIKE TO THE KONKAPOT RIVER AT THE GOODNOW PRESERVE**

Enjoy a leisurely walk on a new trail with Martha Bryan from the New Marlborough Land Trust, and Ron Brecher, through fields, along old logging roads and down to the Konkapot River and the site of the stone ruins of the Lower Carroll Mill, where, using local wood pulp, the mill made newsprint for the NYC market.



Goodnow Preserve - by AllTrails

The mill produced its last wagonload of paper in 1887. 3 hours - 3.5 miles.

To register - email: nmlandtrust@gmail.com OR 413-854-8509

Meet at the Preserve entrance: From the Mill River Store heading south, turn left at the stop sign onto Mill River/Southfield Road. Passing the New Marlborough Town Hall on your right, go one mile to the Preserve entrance on your right. GPS 42.1229, -73.2287



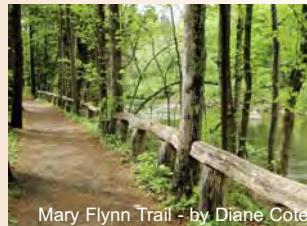
78 - Pittsfield, MA 2 PM - 3 PM
 ARCHITECTURE AND LANDSCAPE AT HERMAN MELVILLE'S
 ARROWHEAD HOUSE MUSEUM

John Dickson and Lesley Herzberg lead an enlightening walk around the grounds of Arrowhead, the home of Herman Melville, author of Moby Dick. John will provide an overview and evolution of the architectural features of the building from the 1780's to the present. This talk is followed by Lesley Herzberg's walk through the north field to discuss the cultural landscape where the entire Melville family participated in the cultivation of the farm and gardens in the 19th century. (rain date is Saturday Oct 9 at 11 am)
 NOTE - Does not include a tour of the museum interior. An inside tour, for a fee, can be arranged before or after the free Heritage Walk. 1 hr - 1 mile

From Rt 7, Lenox, (a 1/4 mile south of Guido's Market) turn onto Holmes Road at the light (by Family Footwear) and follow 3 miles to Arrowhead. GPS 42.415387, -73.24938

79 - Stockbridge, MA 2 PM - 3 PM
 AUTUMN FLORA OF SOUTHERN BERKSHIRE COUNTY:
 AROUND THE LAUREL HILL TRAIL

We will get to know the trees, plants, and shrubs of early autumn in southern Berkshire County. Walk the loop of the Laura's Tower Trail, adjacent to Ice Glen. There will be uneven footing and incline.



The Berkshire Environmental Action Team will help you explore the flora, history, and geology of the location, and what distinguishes Berkshire County's terrain and flora. 1 hour - 0.5 mile

Heading south on Rt 7 from the Red Lion Inn in the center of town, drive 0.5 mile and turn left on to Park St. (at the Mobil gas station). Drive to the end of road and park at the trailhead. Look for BEAT sign. GPS 42.278859, -73.309849



SUNDAY - OCTOBER 3, 2021

80 - Sheffield, MA 9 AM - 5 PM
 SELF-GUIDED WALK: IF THIS HOUSE COULD TALK

REFER TO WALK # 1 FOR FULL DETAILS

81 - Lenox, MA 9 AM - 12 NOON
 BIRD WALK AT THE HOUSATONIC RIVER VALLEY
 WILDLIFE MGMT. AREA

Join Noah Henkenius, from the Berkshire Environmental Action Team, at the George Darey Housatonic River Valley Wildlife Management Area, to appreciate the birds that utilize this wildlife sanctuary during the fall migration season. This area hosts a great diversity of habitat features from the Housatonic River - early successional landscapes and fields, shrubby thickets and prime forest-edge habitat. 3 hours - 1.5 miles.

To register - email: noah@thebeatnews.org, participants may have to be limited

The Housatonic River Valley WMA is located on New Lenox Rd. There are 2 parking areas located within a close proximity to each other. Meet at the main parking lot on the north side of New Lenox Rd. A second is located on the south side of New Lenox Rd. just west of the Decker boat launch. Please do not park at the boat launch. GPS 42.395005, -73.245202

82 - Stockbridge, MA 10 AM - 12 NOON
 SCULPTING THE LAND: DANIEL CHESTER FRENCH'S
 ARTIST-DESIGNED LANDSCAPE AT CHESTERWOOD
 MUSEUM HISTORIC SITE

Join the National Trust for Historic Preservation for this easy walk through the various designed landscapes, including the house environs, formal gardens and woodland walks. This was the summer home, studio and gardens of America's acclaimed sculptor of public monuments, Daniel Chester French, who created 100+ public sculptures. See the design features created by French while living here and place his efforts in the greater context of artist-



Chesterwood - by National Trust for Historic Preservation

designed landscapes throughout the country. Participants will go into the historic house and studio for a short introduction to these buildings and how they relate to the landscape. NOTE - this event does not include a formal tour of the studio or house interiors. An inside tour, for a fee, can be arranged for after the free Heritage Walk. 2 hours - 3 miles

To register - email: vbalint@savingplaces.org

From Stockbridge center, drive west on Rt 102, turn left on Rt 183. At 1/4 mile past the Norman Rockwell Museum, turn right onto Mohawk Lake Road, then left onto Willow St., which becomes Williamsville Rd., just before reaching Chesterwood. Meet at the Barn Gallery. GPS 42.33915, -73.28927

83 - Sharon, CT 10 AM -12 NOON A MODERATE HIKE ON THE BENTON HILL PRESERVE

Join the Sharon Land Trust for a moderate hike on this 72-acre parcel which is part of the larger Benton Hill Fen which is home to many rare and protected plant and animal species. It is one of the first vistas that motorists see as they enter Sharon from NY on Amenia Road/Rte 343.



Benton Hill Preserve - by Sharon Land Trust

This parcel's acquisition is the first step in what we hope to be a large block of conserved property adjacent to Rte 343. 2 hours - 2 miles

To register - email: maria@sharonlandtrust.org or 860-364-5137

Approximately 2 miles south of the clock tower in Sharon, off Amenia Union Road/Rte 41, make a right on Benton Hill Road, and drive 0.4 mile to parking.

84 - Mount Washington, MA 10:30 AM - 12 NOON HISTORY WALK & VISIT TO THE OLD NORTH SCHOOLHOUSE: LAST REMAINING ONE-ROOM SCHOOL BUILDING



Mount Washington Schoolhouse - by Mount Washington Historical Society

Take a walk back in time, with the Mt. Washington Historical Society, to the last-standing one-room schoolhouse in town. We'll start at the former home of Fanny & Lillian Schutt, students in the early 1900s. We'll walk to the schoolhouse and hear about the sights and sounds the Schutts were likely to have experienced along the way. We'll sample lessons, see actual student texts and hear about the history of the schoolhouse and the town of Mt. Washington. A great outing for all ages and refreshments included! 1.5 hours - 0.5 mile

To register - email: hans.bergmann@gmail.com or 413-528-3033

At junction of Rt 23 and Rt 41 in So. Egremont, drive south on Rt 41, then take immediate turn west/right onto Mt Washington Rd (later becomes East St) and drive approx. 4 miles. After crossing the Egremont/ Mt Washington line, take right turn onto West St. and park where marked.

85 - Sheffield, MA 11 AM - 4 PM OPEN NATIVE AMERICAN MOHICANS IN THE BERKSHIRES: AN ONGOING EXHIBITION

REFER TO WALK # 76 FOR COMPLETE DETAILS

86 - Norfolk, CT TBD-afternoon - 2 HOURS HAYSTACK BOOK FESTIVAL PRESENTS THE 3RD ANNUAL AUTHOR TALK AND GUIDED WALK

Tucked away in the beautiful wooded hills of Northwest CT, Norfolk provides an intimate setting for this three-day annual literary festival--bringing writers into conversation on Oct 1-3. Check our website norfolkfoundation.net/book-talks for more details on registering, the scheduled authors, topic, time and location for our Talk and Guided walk (The talk is one hour followed by the guided walk). A program of the Norfolk Foundation. 2 hours

To register online - www.norfolkfoundation.net/book-talks

Check website norfolkfoundation.net/book-talks for details on the location for our Talk/Walk. GPS 41.990347, -73.199447

A program of the
Upper Housatonic Valley
National Heritage Area



In partnership
with the
National Park Service



Heritage Walks 2021

Upper Housatonic Valley National Heritage Area
invites you to explore the wonders of this region
during Heritage Walks 2021 - five weekends:

September 4, 5 & 6

September 11 & 12

September 18 & 19

September 25 & 26

October 2 & 3

Historians, naturalists and environmentalists will be
your guide as you explore the Upper Housatonic
Valley and surrounding area.

- **Learn** about the history of the villages and towns
in the region as expressed in archaeological and
industrial sites, architecture, bridges and monuments.
- **Discover** both prominent and unsung geological,
ornithological and horticultural resources.
- **Enjoy** splendid autumn foliage and scenic vistas as
you explore the rich historical, cultural and natural
heritage of the Upper Housatonic Valley.

Generously Supported By:



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For updates and detailed descriptions:
www.HousatonicHeritage.org/Heritage-Walks